



Scuba Diving

Merit Badge Workbook



This workbook can help you but you still need to read the merit badge pamphlet.

The work space provided for each requirement should be used by the Scout to make notes for discussing the item with his counselor, not for providing the full and complete answers. Each Scout must do each requirement.

No one may add or subtract from the official requirements found in **Boy Scout Requirements** (Pub. 33216 – SKU 34765).

The requirements were last issued or revised in 2009 • This workbook was updated in December 2013.

Scout's Name: _____ Unit: _____

Counselor's Name: _____ Counselor's Phone No.: _____

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Please submit errors, omissions, comments or suggestions about this **workbook** to: Workbooks@USScouts.Org
Comments or suggestions for changes to the **requirements** for the **merit badge** should be sent to: Merit.Badge@Scouting.Org

1. Do the following:
 - a. Show that you know first aid for injuries or illnesses that could occur while scuba diving, including hypothermia, hyperventilation, squeezes, decompression illness, nitrogen narcosis, motion sickness, fatigue, overexertion, heat reactions, dehydration, injuries by aquatic life, and cuts and scrapes.

Hypothermia:

Hyperventilation:

Squeezes:

Decompression illness:

Nitrogen narcosis:

Motion sickness:

Fatigue:

Overexertion:

Heat reactions:

Dehydration:

Injuries by aquatic life:

Cuts and scrapes.

- b. Identify the conditions that must exist before performing CPR on a person, and explain how to recognize such conditions.

Identify the conditions that must exist before performing CPR on a person

Explain how to recognize such conditions.

Demonstrate the proper technique for performing CPR using a training device approved by your counselor.

2. Before completing requirements 3 through 6, earn the Swimming merit badge.

3. Discuss the Scuba Diver's Code with your merit badge counselor, and explain the importance of each guideline to a scuba diver's safety. *(The BSA Scuba Diver's Code can be found at the end of this workbook.)*

4. Earn an Open Water Diver Certification from a scuba organization recognized by the Boy Scouts of America scuba policy.

5. Explain what an ecosystem is, and describe four aquatic ecosystems a diver might experience.

Explain what an ecosystem is

Describe four aquatic ecosystems a diver might experience.

1.

2.

3.

4.

6. Find out about three career opportunities in the scuba industry.

1.

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2.

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3.

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Pick one and find out the education, training, and experience required for this profession.

Career:

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Education:

Training:

Experience:

Discuss this with your counselor, and explain why this profession might interest you.

Boy Scouts of America Scuba Diver's Code:

A Scout:

- Maintains good mental and physical fitness for scuba diving.
- Keeps his dive skills sharp through continuing education.
- Seeks professional orientation prior to diving at unfamiliar dive locations.
- Adheres to the buddy system throughout every dive.
- Uses complete, well-maintained, and reliable equipment with which he is familiar.
- Always dives no deeper than the recommended depth for his certification level and experience.
- Always follows the time limits listed by the special dive tables or a dive computer for a particular depth.
- Is a S.A.F.E. diver (Slowly Ascends From Every dive) and makes a safety stop at 15 feet for three minutes at the end of each dive prior to surfacing.
- Breathes properly while diving, never holding his breath or skipping breathing.
- Knows and obeys local diving laws and regulations, including fish and game laws and dive-flag laws.
- Understands and respects aquatic life, considers how his interactions affects it, and dives carefully to protect fragile aquatic ecosystems.